



Gainesville Heart and Vascular Group
Nuclear Stress Lab Instructions

Patient Name: _____

Test Date: _____

Test Time: Nuclear testing is performed mornings from 7:30 a.m. to 11:00 a.m.
A member of the staff will call the day before with your arrival time for the test.

Instructions:

1. Nothing to eat or drink after midnight the night before your test.
2. PLEASE DO NOT SMOKE 12 HOURS BEFORE AND NO CAFFEINE 12 HOURS BEFORE YOUR SCHEDULED TIME (THIS INCLUDES DECAF TEA OR COFFEE AND CHOCOLATE).
3. The morning of your test you may take all of your medications with a sip of water only. Diabetics see instructions below:
4. DIABETICS ONLY: PLEASE BRING YOUR DIABETIC MEDICATIONS AND A SNACK WITH YOU ON THE DAY OF YOUR PROCEDURE.
5. IF YOU TAKE BREATHING MEDICATIONS SUCH AS INHALERS OR OXYGEN, PLEASE BRING THOSE WITH YOU.
6. Please arrive 15 minutes prior to your scheduled time, unless you are to arrive at 7:30 a.m. Our office opens at 7:30 a.m. for stress tests.
7. Wear loose comfortable clothing and appropriate shoes if you are required to walk on the treadmill.
8. Please allow a total of 4-5 hours for the whole test depending on the type of test you will be having.

FOR ANY QUESTIONS PLEASE DO NOT HESITATE TO CALL THE OFFICE AT 770-534-9014.

PATIENTS ARE EXPECTED TO PAY THEIR INSURANCE COPAYMENTS, DEDUCTIBLE AND/OR BALANCES AT THE TIME OF SERVICE UNLESS PREVIOUS ARRANGEMENTS HAVE BEEN MADE WITH THE OFFICE

Thank you